



University of Arizona Nutrition Network Presents:



Middle and High School Healthy Holidays Door Decorating Contest



Teacher Instructions

Teachers and students can decorate their classroom doors to incorporate **holiday themes**, **nutrition messages**, and **physical activity tips**! Pick any holiday(s) you wish to showcase.

Instructions:

1. Contact your school's UA Nutrition Network point person to receive butcher paper for your door. You can also incorporate supplemental materials as you see fit.
2. Participate with your students to develop the ideas and messages for your door decoration.
3. Door Decorations must include:
 - a. Physical Activity Messages/Tips
 - b. Nutrition Messages/Tips
 - c. Any holiday theme(s) that your class chooses
4. The deadline to have your door decorated is **December 3rd**.
5. Let your UA Nutrition Network Point Person know once your decorations are ready to be judged.
6. A team of judges will review all entries and select the 1st and 2nd place winners at your school.
7. If your class is the 1st place winner, a photo of your classroom door poster will be submitted to the UA Nutrition Network Coordinator to compete against other participating schools for the grand prize!

Prizes Include:

1st prize: UANN Champions for Change shirts for all students in the class.

2nd place: prize bags for each student in the class.

One grand prize winner will be selected and that school will receive a banner and be recognized for celebrating Healthy Holidays!

Dates to Remember:

December 3rd: All door posters must be up.

December 6th-14th: School judging of posters.

December 15th: 1st place photo from each school will be submitted to the UANN.

January 2nd: UANN will announce the grand prize winner!

****If you have any questions, please contact: Jennifer Martinez (jmm3@email.arizona.edu) or Jesus Acuna (jacuna@email.arizona.edu).**

